

Nova Scotia 55+Games - 9/21/2025 to 9/22/2025

Lunenburg Track
Results**Event 1 Women 55-59 100 Meter Dash**

Name	Age	Team	Finals
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Finals

1	514 Gladwin, Christine	55 NS55G	16.66
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Event 3 Women 60-64 100 Meter Dash

Name	Age	Team	Finals
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Finals

1	500 Bailey, Rachel	63 NS55G	17.61
2	522 MacLeod, Linda	64 NS55G	19.69

Event 4 Men 60-64 100 Meter Dash

Name	Age	Team	Finals
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Finals

1	542 Walsh, Grant	60 NS55G	14.94
2	537 Stright, Les	62 NS55G	15.34
3	524 McCann, Kelly	64 NS55G	17.32

Event 5 Women 65-69 100 Meter Dash

Name	Age	Team	Finals
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Finals

1	538 Taylor, Melissa	66 NS55G	17.50
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Event 6 Men 65-69 100 Meter Dash

Name	Age	Team	Finals
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Finals

1	508 Colley, Darrel	65 NS55G	14.47
2	501 Boudreau, Peter	65 NS55G	16.00
3	540 Thomas, Jay	67 NS55G	17.63
4	525 McDowell, Rob	67 NS55G	18.09

Event 8 Men 70-74 100 Meter Dash

Name	Age	Team	Finals
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Finals

1	507 Chase, Llewellyn	73 NS55G	17.69
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Event 9 Women 75-79 100 Meter Dash

Name	Age	Team	Finals
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Finals

1	527 Mokler, Shirley	75 NS55G	27.32
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Event 10 Men 75-79 100 Meter Dash

Name	Age	Team	Finals
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Finals

1	519 Kingston, John	79 NS55G	19.01
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Event 15 Women 55-59 50 Meter Dash

Name	Age	Team	Finals
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Finals

1	514 Gladwin, Christine	55 NS55G	8.27
---	543 Weagle, Karen	59 NS55G	DNF

Event 17 Women 60-64 50 Meter Dash

Name	Age	Team	Finals
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Finals

1	500 Bailey, Rachel	63 NS55G	9.03
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Event 18 Men 60-64 50 Meter Dash

Name	Age	Team	Finals
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Finals

1	537 Stright, Les	62 NS55G	7.95
2	542 Walsh, Grant	60 NS55G	8.31

Event 19 Women 65-69 50 Meter Dash

Name	Age	Team	Finals
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Finals

1	538 Taylor, Melissa	66 NS55G	8.63
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Event 20 Men 65-69 50 Meter Dash

Name	Age	Team	Finals
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Finals

1	508 Colley, Darrel	65 NS55G	7.72
2	518 Hodgson, Michael	65 NS55G	8.25
3	540 Thomas, Jay	67 NS55G	8.50
4	501 Boudreau, Peter	65 NS55G	8.75
5	525 McDowell, Rob	67 NS55G	9.29

Event 22 Men 70-74 50 Meter Dash

Name	Age	Team	Finals
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Finals

1	507 Chase, Llewellyn	73 NS55G	7.89
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Event 23 Women 75-79 50 Meter Dash

Name	Age	Team	Finals
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Finals

1	527 Mokler, Shirley	75 NS55G	12.70
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Event 24 Men 75-79 50 Meter Dash

Name	Age	Team	Finals
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Finals

1	519 Kingston, John	79 NS55G	10.06
2	512 Fownes, Brock	77 NS55G	15.56

Event 29 Women 55-59 200 Meter Dash

Name	Age	Team	Finals
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Finals

1	514 Gladwin, Christine	55 NS55G	37.80
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Event 31 Women 60-64 200 Meter Dash

Name	Age	Team	Finals
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Finals

1	500 Bailey, Rachel	63 NS55G	39.32
2	522 MacLeod, Linda	64 NS55G	44.74



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Results**Event 32 Men 60-64 200 Meter Dash**

Name	Age	Team	Finals
Finals			
1 537 Stright, Les	62	NS55G	34.27
2 524 McCann, Kelly	64	NS55G	38.83

Event 34 Men 65-69 200 Meter Dash

Name	Age	Team	Finals
Finals			
1 509 Coneybeare, Gerry	65	NS55G	38.70
2 501 Boudreau, Peter	65	NS55G	42.13
3 525 McDowell, Rob	67	NS55G	45.60

Event 36 Men 70-74 200 Meter Dash

Name	Age	Team	Finals
Finals			
1 507 Chase, Llewellyn	73	NS55G	37.67

Event 38 Men 75-79 200 Meter Dash

Name	Age	Team	Finals
Finals			
1 519 Kingston, John	79	NS55G	46.85

Event 43 Women 55-59 400 Meter Dash

Name	Age	Team	Finals
Finals			
1 543 Weagle, Karen	59	NS55G	1:28.00

Event 44 Men 55-59 400 Meter Dash

Name	Age	Team	Finals
Finals			
1 526 Menzies, Neil	57	NS55G	1:17.00

Event 45 Women 60-64 400 Meter Dash

Name	Age	Team	Finals
Finals			
1 500 Bailey, Rachel	63	NS55G	1:31.00
2 522 MacLeod, Linda	64	NS55G	1:49.00

Event 48 Men 65-69 400 Meter Dash

Name	Age	Team	Finals
Finals			
1 502 Browne, Robin	68	NS55G	1:19.00
2 509 Coneybeare, Gerry	65	NS55G	1:25.00

Event 50 Men 70-74 400 Meter Dash

Name	Age	Team	Finals
Finals			
1 507 Chase, Llewellyn	73	NS55G	1:30.00
2 503 Canavan, Michael	72	NS55G	1:35.00
3 533 Richard, Richard	74	NS55G	1:41.00

Event 51 Women 75-79 400 Meter Dash

Name	Age	Team	Finals
Finals			
1 516 Harrison, Inna	76	NS55G	2:12.00
2 527 Mokler, Shirley	75	NS55G	2:25.00

Event 52 Men 75-79 400 Meter Dash

Name	Age	Team	Finals
Finals			
1 519 Kingston, John	79	NS55G	2:09.00

Event 58 Men 55-59 800 Meter Run

Name	Age	Team	Finals
Finals			
1 526 Menzies, Neil	57	NS55G	2:58.00

Event 59 Women 60-64 800 Meter Run

Name	Age	Team	Finals
Finals			
1 522 MacLeod, Linda	64	NS55G	4:17.00

Event 61 Women 65-69 800 Meter Run

Name	Age	Team	Finals
Finals			
1 523 Macpherson, Ena	66	NS55G	4:11.00

Event 62 Men 65-69 800 Meter Run

Name	Age	Team	Finals
Finals			
1 502 Browne, Robin	68	NS55G	3:06.00
2 534 Roy, Pierre	65	NS55G	3:15.00

Event 64 Men 70-74 800 Meter Run

Name	Age	Team	Finals
Finals			
1 503 Canavan, Michael	72	NS55G	4:08.14
2 533 Richard, Richard	74	NS55G	4:08.39

Event 65 Women 75-79 800 Meter Run

Name	Age	Team	Finals
Finals			
1 516 Harrison, Inna	76	NS55G	5:39.00

Event 72 Men 55-59 1500 Meter Run

Name	Age	Team	Finals
Finals			
1 526 Menzies, Neil	57	NS55G	6:05.99

Event 75 Women 65-69 1500 Meter Run

Name	Age	Team	Finals
Finals			
1 516 Harrison, Inna	76	NS55G	10:34.64



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Results**Event 76 Men 65-69 1500 Meter Run**

Name	Age	Team	Finals
Finals			
1 502 Browne, Robin	68	NS55G	6:14.24
2 534 Roy, Pierre	65	NS55G	6:18.39
3 528 Morris, Terry	68	NS55G	6:59.21
4 501 Boudreau, Peter	65	NS55G	7:20.86

Event 78 Men 70-74 1500 Meter Run

Name	Age	Team	Finals
Finals			
1 503 Canavan, Michael	72	NS55G	7:01.21
2 533 Richard, Richard	74	NS55G	7:14.77

Event 88 Men 60-64 3000 Meter Run

Name	Age	Team	Finals
Finals			
1 524 McCann, Kelly	64	NS55G	15:44.00

Event 90 Men 65-69 3000 Meter Run

Name	Age	Team	Finals
Finals			
1 502 Browne, Robin	68	NS55G	13:19.00
2 534 Roy, Pierre	65	NS55G	14:24.00
3 525 McDowell, Rob	67	NS55G	16:19.00

Event 92 Men 70-74 3000 Meter Run

Name	Age	Team	Finals
Finals			
1 533 Richard, Richard	74	NS55G	14:51.00
2 503 Canavan, Michael	72	NS55G	15:43.00

Event 93 Women 75-79 3000 Meter Run

Name	Age	Team	Finals
Finals			
1 516 Harrison, Inna	76	NS55G	22:36.00
2 517 Hartnell, Elizabeth	76	NS55G	24:38.00

Event 104 Women 60-90 Javelin Throw 400g

Name	Age	Team	Finals
Finals			
1 504 Carleton, Barbara	69	NS55G	14.48m
2 545 Wilcott, Pat	77	NS55G	8.95m
3 520 Lee, Kelly	64	NS55G	8.84m
--- 527 Mokler, Shirley	75	NS55G	DNF

Event 105 Men 60-69 Javelin Throw 600g

Name	Age	Team	Finals
Finals			
1 510 Dailey, Mike	62	NS55G	28.17m
2 530 Petitpas, Michael	66	NS55G	19.35m
3 501 Boudreau, Peter	65	NS55G	13.13m

Event 106 Men 70-79 Javelin Throw 500g

Name	Age	Team	Finals
Finals			
1 532 Ramey, Gary	70	NS55G	21.10m
2 512 Fownes, Brock	77	NS55G	13.63m

Event 107 Women 55-90 Shot Put 3kg

Name	Age	Team	Finals
Finals			
1 545 Wilcott, Pat	77	NS55G	6.94m
2 527 Mokler, Shirley	75	NS55G	6.67m
3 546 Wilcott, Terrie	75	NS55G	6.63m
4 504 Carleton, Barbara	69	NS55G	5.25m
5 547 Warren, Jane	70	NS55G	4.60m
6 520 Lee, Kelly	64	NS55G	4.55m

Event 108 Men 60-69 Shot Put 5kg

Name	Age	Team	Finals
Finals			
1 510 Dailey, Mike	62	NS55G	10.35m
2 542 Walsh, Grant	60	NS55G	8.37m
3 518 Hodgson, Michael	65	NS55G	6.88m

Event 109 Men 70-79 Shot Put 4kg

Name	Age	Team	Finals
Finals			
1 532 Ramey, Gary	70	NS55G	8.21m
2 512 Fownes, Brock	77	NS55G	7.47m

Event 112 Men 60-90 Long Jump

Name	Age	Team	Finals
Finals			
1 518 Hodgson, Michael	65	NS55G	3.02m
2 524 McCann, Kelly	64	NS55G	3.00m
3 542 Walsh, Grant	60	NS55G	2.98m
4 501 Boudreau, Peter	65	NS55G	2.21m
5 519 Kingston, John	79	NS55G	2.01m

Event 113 Women 55-59 Long Jump

Name	Age	Team	Finals
Finals			
1 514 Gladwin, Christine	55	NS55G	2.85m

Event 114 Women 60-64 Long Jump

Name	Age	Team	Finals
Finals			
1 522 MacLeod, Linda	64	NS55G	2.49m

Event 118 Women 65-75 Triple Jump

Name	Age	Team	Finals
Finals			
1 547 Warren, Jane	70	NS55G	2.30m



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Results**Event 121 Men 55-90 Discus Throw**

	Name	Age	Team	Finals
Finals				
1	510 Dailey, Mike	62	NS55G	32.69m
2	542 Walsh, Grant	60	NS55G	25.53m
3	511 Doucette, David	61	NS55G	24.28m
4	512 Fownes, Brock	77	NS55G	22.05m
5	541 Tucker, Tony	85	NS55G	12.42m

Event 122 Women 55-90 Discus Throw

	Name	Age	Team	Finals
Finals				
1	504 Carleton, Barbara	69	NS55G	17.40m
2	527 Mokler, Shirley	75	NS55G	16.07m
3	545 Wilcott, Pat	77	NS55G	12.57m
4	546 Wilcott, Terrie	75	NS55G	12.27m
5	520 Lee, Kelly	64	NS55G	11.52m
6	547 Warren, Jane	70	NS55G	9.89m

Event 124 Men 80-89 Javelin Throw 500g

	Name	Age	Team	Finals
Finals				
1	541 Tucker, Tony	85	NS55G	15.74m

