

# **2025 Nova Scotia 55+ Games**



## **Volunteer Kick-Off!**



STONEMONT

*Retirement Lifestyle*

# Organizing Team

- Co-Chairs
  - Joanne Furey & Andrew Tanner
- Committee Members
  - Heather Jeffers
  - Donna Hatt
  - Travis Vaughn
  - Patrick Hirtle
  - Carolyn Bolivar-Getson
  - Kelly Cunningham
  - Ruth Wawin
  - Marta Selassie
  - Rosemary Erb
- Event Manager
  - Rick Allwright – Mile East Productions
- Provincial Committee Liaison
  - Maurice Poirer
  - Joy McKay



# About the NS 55+ Games

- Provincial multi-sport event
- Bi-annual event, held in different communities
- September 21–24, 2025 in Lunenburg County
- 24 sports and activities
- Utilizing venues throughout the region
- Over 750 participants from across NS
  - Over 500 currently registered
- Promotes active living, community spirit, and inclusion



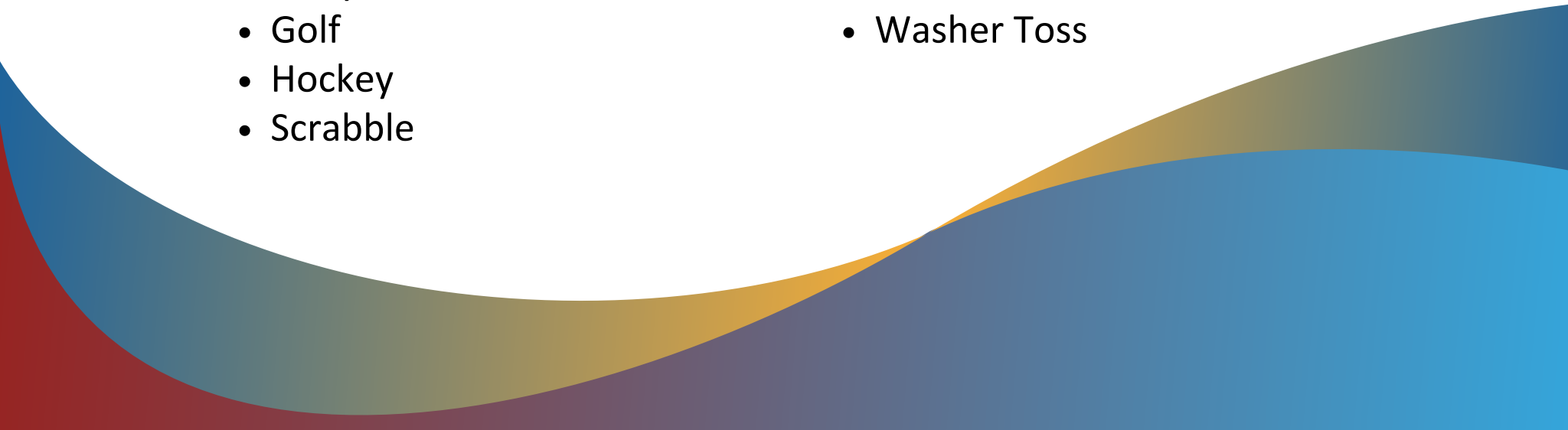
# About the NS 55+ Games

- Opening Ceremony: Sunday, Sept 21
- Closing Social: Wednesday, Sept 24
- Evening social events & celebrations
- Event schedule is available online



# Activities List



- 5km / 10km Run
  - 8 Ball
  - Bowling
  - Bridge
  - Cribbage
  - Curling
  - Cycling
  - Darts
  - Forty-Fives
  - Golf
  - Hockey
  - Scrabble
  - Pickleball
  - Predicted Walking
  - Mountain Biking
  - Skip Bo
  - Stick Curling
  - Floor Shuffleboard
  - Swimming
  - Tennis
  - Track & Field
  - Washer Toss
- 



# Volunteer Team Impact



- Crucial to event success
- Help create a welcoming environment
- Represent Lunenburg County with pride
- Build friendships and gain experience



# Volunteer Roles



- **Registration Support**

- Assist with participant kit pick-up and check-in
- Help sell official merchandise
- Provide basic information and answer questions from participants and guests

- **Venue / Activity Support**

- Greet participants and assist with check-ins at each sport venue
- Help activity coordinators manage the sport or event
- Record and submit results to the Games central team
- Assist with clean-up and resetting areas between sessions



# Volunteer Roles



- **Event Operations**

- Monitor central info desk and assist with participant or volunteer inquiries
- Float between venues to offer logistical support or fill gaps
- Assist with signage installation updates, lost & found, and info board postings

- **Ceremonies & Social Events Support**

- Assist with event setup and takedown
- Help with stage management
- Coordinate VIPs and guests at Opening/Closing Ceremonies
- Help manage logistics and guest flow at social events

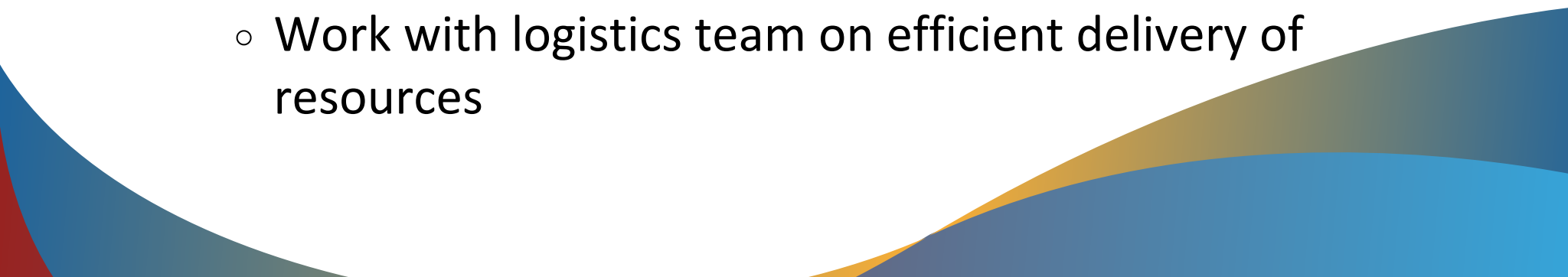
# Volunteer Roles



- **Hospitality**

- Stock water, snacks, and supplies at venues for participants
- Ensure volunteers also have access to refreshments
- Monitor comfort areas or lounge zones at venues

- **Transportation Assistance**

- Assist in transporting supplies between venues
  - Support participants with mobility challenges by coordinating rides (where needed)
  - Work with logistics team on efficient delivery of resources
- 

# Volunteer Roles



- **Media & Communications Team**

- Capture photos and short videos at venues and social events
- Post real-time updates and highlights to social media accounts (Facebook, Instagram, etc.)
- Work with the central communications lead to share urgent updates (delays, weather, etc.)
- Post news and results to website

- **First Aid & Safety Support**

- Provide first aid coverage at sport venues and social sites
- Be on call for minor injuries or concerns (certification required)
- Help monitor safety protocols and report any concerns

# Commitment & Process



- **Shift Commitment**

- Shifts will be 4 hours each
- Ideally, every volunteer would be able to commit to at least two shifts.

- **Scheduling**

- Exact scheduling process TBD
- Expect an online form to complete to schedule shifts

# What You'll Receive

- Official Volunteer T-shirt
- Accreditation Badge
- Invitation to Volunteer Appreciation Event
- Snacks and refreshments during shifts



# Communication

- Email: Primary form of updates
- Website: [www.ns55plus.ca](http://www.ns55plus.ca)
  - Volunteer section






# Questions & Answers



# Next Steps



- Confirm your role & availability
  - Attend training sessions (TBD)
  - Review Volunteer Handbook (coming soon)
  - Ask questions tonight or email us later
- 



# Thank you!